#### How to contact GriefLink:

# GriefLink is not a counselling or crisis service

If you are in need of urgent grief assistance please contact your local GP or if you need to talk to someone straight away call:

Lifeline 13 11 14 (Australia local call) Kids Helpline 1800 55 1800 (Australia free call)

To find information about South Australian grief counselling services visit www.casa.asn.au

To provide us with information updates for GriefLink please click on the 'Contact us' button on the web-site

## Please feel free to download this flier for distribution

# Copies of pages from the site may be downloaded

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Date Revised: 18.3.16

### This website is supported by:







Minimisation of Suicide Harm,





We subscribe to the HONcode principles.





www.grieflink.org.au

Serving the community since 1999

A web-based information resource for people who are experiencing loss, who are bereaved and grieving, carers, family, friends, colleagues and health and welfare workers

#### The GriefLink Vision

Accessible, evidence-based loss and grief information and resources for South Australians.

### GriefLink provides:

- information about different death related grief experiences including:
  - Grief associated with cause of death
  - Grief reactions in persons, groups and cultures
  - Grief after the death of someone close
  - The role of the Coroner
- listings of resources such as books and videos
- listings of bereavement services and supports in South Australia for self and professional referral
- links with other information sources and organisations
- links to other grief-related sites
- a quiz for site users to test their knowledge about grief

#### The GriefLink Website:

The information on the site has been compiled, developed and reviewed by a broad range of professionals and consumers in South Australia with knowledge and experience in the area of loss and grief. International codes of conduct for web sites providing health information were used as a basis for its development.

The content, format and design of the site have been evaluated by key stakeholders, members of the SA community and health and welfare professionals. Information on the site is constantly updated through community input.

All supports and resources listed on GriefLink are assessed and approved by the Management Committee (according to specific criteria) before addition to the site, to ensure that the information provided is appropriate, accurate and timely.

GriefLink is maintained by a Management Committee which meets regularly to oversee the ongoing development of the website. Members are drawn from the University of Adelaide and Flinders University; the Palliative Care Council SA (PCCSA), Minimisation of Suicide Harm Australia (MOSH) and Anglicare. All members participate in GriefLink on a voluntary basis.

### Topics in GriefLink include:

- \* About Grief
- \* Coping with Grief
- \* Helping the Bereaved
- \* Accidental or Traumatic Death
- \* Cancer and Illness Related Death
- \* Carers
- \* Children's Grief
- Death of a Child
- \* Death of a Gay Partner
- \* Death through Homicide
- \* Death of a Husband, Wife or Partner
- Death of a Parent
- \* Death of a Pet
- Death and the Workplace
- \* Grief Issues in Different Cultures
- \* Grief Issues of Vietnam Veterans
- \* HIV/AIDS Related Death
- Indigenous Grief
- \* Men's Grief
- Miscarriage
- \* SIDS (Sudden Infant Death Syndrome)
- \* Stillbirth and Death of a Newborn Baby
- \* Sudden or Unexpected Death
- Suicide
- \* Termination of Pregnancy Medical
- \* Termination of Pregnancy Elective
- \* Unrecognised Grief
- Young People