

Nonna's Cucina
12 Hardy St
ROYAL PARK
SA 5014



Nonna's Cucina meals are delivered daily, Monday to Friday and include a Soup, Main course and Dessert.

Nonna's Cucina operates an 8 week rotating menu and deliver between the hours of 11am to 1pm.

For more information, please call 8240 3491 between Office hours of 9am to 2pm or email us on reception@nonnascucina.com.au.

WEEK 01

Visit www.nonnascucina.com.au

Monday	Tuesday	Wednesday	Thursday	Friday
Potato and leek soup	Minestrone soup	Pumpkin soup	Chicken and vegetable soup	Mushroom and asparagus soup
Pasta with Cannellini beans	Chicken parmigiana with roasted pumpkin and steamed broccoli	Roast pork with gravy and roast potatoes and green beans	Lasagne with Bolognese sauce	Crumbed fish with green beans and fried rice
Jelly with fruit	Fresh fruit salad	Chocolate marble cake	Apple crumble with cream	Trifle

WEEK 02

Monday	Tuesday	Wednesday	Thursday	Friday
Beef, vegetable and pasta soup	Zucchini and bacon soup	Cannellini beans and vegetable soup	Cream of chicken soup	Lentil and vegetable soup
Shepherds pie with mashed potato	Tuna patties with Ratatouille and beans	Roast chicken with gravy and roast potatoes and roast pumpkin	Spaghetti and meatballs	Crumbed fish with roasted carrots and green beans
Custard with fruit	Fresh fruit salad	Fruit cake	Lemon cheesecake	Vanilla slice

Version 01 - October 2017

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WEEK 03

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Monday	Tuesday	Wednesday	Thursday	Friday
Bean and pasta soup	Sweet potato and leek soup	Vegetable and spring onion soup with pastina	Chicken and sweet corn soup	Chick pea and vegetable soup
Vegetable frittata	Chicken Cacciatore with rice	Roast lamb with roast carrot and roast potato	Ravioli with Bolognese sauce	Crumbed fish with baked potato with bacon and peas
Jelly with pineapple	Fresh fruit salad	Macaroon slice	Vanilla and walnut cake	Tiramisu

WEEK 04

Monday	Tuesday	Wednesday	Thursday	Friday
Beef, vegetable and pasta soup	Bacon and vegetable lentil soup	Chick pea and vegetable soup	Pumpkin soup	Thick vegetable soup
Sausage and mashed potato with onion gravy	Cabbage rolls filled with rice and mince meat and Napoletana sauce	Roast chicken with gravy and roast potatoes and peas	Penne with Bolognese sauce	Crumbed fish with green beans and fried rice
Jelly with apricot	Fresh fruit salad	Bread and butter pudding	Carrot cake	Banana cake

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WEEK 05

Monday	Tuesday	Wednesday	Thursday	Friday
Creamy chicken and vegetable soup	Minestrone soup	Zucchini and bacon soup	Lentil and rice soup	Beef, vegetable and pasta soup
Zucchini, potato and bacon frittata	Chicken parmigiana with roasted pumpkin and steamed broccoli	Roast pork with gravy and roast potatoes and green beans	Pasta with roast vegetables	Crumbed fish with roasted pumpkin and peas
Jelly with peach	Fresh fruit salad	Chocolate marble cake	Chocolate custard slice on a biscuit base	Coconut cake

WEEK 06

Monday	Tuesday	Wednesday	Thursday	Friday
Cream of corn and potato soup	Tomato soup	Italian bean soup	Creamy chicken and asparagus soup	Vegetable and noodle soup
Pasta with Cannellini beans	Chicken and mushroom risotto	Roast beef with roast potato and peas	Spinach and ricotta cannelloni with napoletana sauce	Crumbed fish with baked cauliflower with cheese and corn and peas
Jelly with fruit	Fresh fruit salad	Apricot cake	Apple crumble with cream	Orange cake

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WEEK 07

Monday	Tuesday	Wednesday	Thursday	Friday
Potato and leek soup	Italian egg soup	Pumpkin soup	Minestrone soup	Chicken noodle soup
Penne Carbonara	Cabbage rolls filled with rice and mince meat and Napoletana sauce	Roast lamb with roast carrot and roast potato	Vegetable lasagne	Crumbed fish with baked potato with bacon and peas
Chocolate mousse on a biscuit base	Fresh fruit salad	Coffee cake	Custard with caramel sauce	Orange cake

WEEK 08

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken meatballs and vegetable soup	Thick vegetable soup	Sweet potato and zucchini soup	Cauliflower and vegetable soup	Lentil and vegetable soup
Pasta with broccoli	Italian beef stew with mashed potato	Roast chicken with gravy and roast potatoes and roast pumpkin	Spaghetti Bolognese	Crumbed fish with steamed broccoli and corn and peas
Custard with strawberry jelly	Fresh fruit salad	Lemon cake	Apple and sultana cake	Chocolate mousse